

Shine...

I am delighted to be able to tell you (although some of you may already know...) Mrs Simpson's exciting news... She is expecting her second child next year! Congratulations!

We had lots of 'Fun with Maths Workshop' Parents of children in Reception and Year 1 came to school for the morning and learnt about how their children learn maths.



Classes 1 and 2 had a lovely morning at the United Reformed Church this week looking at and learning about all the magnificent vegetables in their Harvest display. Many thanks for inviting us to join you in your celebrations.



WOW – Remember to try and run, walk, skip, cycle or scooter to school once a week! Park and stride from the Bowling Club is allowed too!

FOFS AGM

Tuesday 7th November at 6:15pm here in school. Please attend. We need a minimum of 10 people for the meeting to be held and we need someone to take on the position of Secretary.

We are very lucky to have an opportunity to work with Suzanne Astley!(See below) She will be with here on Wednesday 18th October for a week project working with Classes 1, 2 and 3 who will be learning about how their bodies move, how to maintain good posture and stay healthy.

Suzanne Astley is currently a Somatics Movement Educator, Actor and Contemporary Dance Artist. She initially achieved a scholarship for the Royal Ballet, studied at Laine Theatre Arts, took a Drama and Dance degree at the University of Winchester and then went on to work for a prestigious arts organisation, Swindon Dance. In addition to this she gained an MA in Dance Somatics and Wellbeing. Suzanne also boasts qualified teacher status from the University of Cumbria and was recently the course leader of Dance Performance and Teaching at the University of Central Lancashire. Her expertise within teaching has been acquired from her work within community settings and primary, secondary, FE and HE education, spanning over 30 years

“The mindful movement programme offers a way to create an environment where the children can concentrate their mind and body on rest and relaxation. Reconnect and come home to the body. Mindful movement enables you to gain a better understanding of posture, alignment and breath, specifically through contemporary dance techniques, integrating mind and body, improving flexibility, concentration of the mind, flow of movement, build ease and efficiency. This promotes health and well-being equipping the children with tools to understand the anatomy of the body, support with breath and so employing mindful movement practices to find a healthier, happier and more conscious way to live.” *Suzanne Astley*

Thank you to all you who were able to join us for our **Harvest Celebration** today. The children and staff presented a humorous yet thought provoking assembly. Our chosen charity this year is ‘Mary’s Meals’. To find out more about this charity go to Samaritans-purse.org.uk/occ

Our new parents enjoyed a delicious meal together with their children this week. Many thanks from us all to Mrs Grant for making this possible.

Parent’s Evening ~ Thursday 26th October 2017
Book your slots at the office from today.

And finally...

Q: What vegetables do librarians like?

A: Quiet peas!